

Moscow School District

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| May - 1 Chicken Sandwich Yogurt & PB Sand. Tossed Salad Chilled Fruit Milk Choices | May - 2 Chicken Corn Dog Yogurt & PB Sand. Veggies Apples, Fresh Cookie Milk Choices | May - 3 Idaho Nachos Yogurt & PB Sand. Veggies Fresh Fruit Choices Tortilla Chips Milk Choices | May - 4 Pizza Yogurt & PB Sand. Tossed Salad Fresh Fruit Choices Milk Choices | May - 5 Chicken Nuggets Yogurt & PB Sand. Green Beans Sliced Pears Wheat Roll Milk Choices |
| May - 8 French Toast Sticks Pork Sausage Patty Yogurt & PB Sand. Hash Brown Potato Patty Veggies Applesauce Milk Choices | May - 9 Pizza Bread Stick Yogurt & PB Sand. Veggies Chilled Fruit Raisins Milk Choices | May - 10 Cheesy Chicken Rice Bake Yogurt & PB Sand. Veggies Chilled Fruit Milk Choices | May - 11 SPAGHETTI & MEAT SC. Yogurt & PB Sand. Steamed Broccoli Orange Halves Roll Milk Choices | May - 12 Cheeseburger Hamburger Yogurt & PB Sand. Baked Beans Potato Wedges Fresh Fruit Choices Milk Choices |
| May - 15 Tangerine Chicken Chunks Yogurt & PB Sand. Rice Steamed Vegetable Mix Chilled Fruit Milk Choices | May - 16 Soft Beef Taco Yogurt & PB Sand. Bean Dip Veggies Peaches Tortilla Chips Milk Choices | May - 17 Chicken Alfredo Yogurt & PB Sand. Tossed Salad Fresh Fruit Choices Roll Milk Choices | May - 18 Sub Sandwich Yogurt & PB Sand. Sun Chips Veggies Fresh Fruit Choices Milk Choices | May - 19 Hot Dog on a Bun Yogurt & PB Sand. Baked Beans Veggies Fresh Fruit Choices Milk Choices |
| May - 22 Chicken Nuggets Yogurt & PB Sand. Peas Pears Wheat Roll Milk Choices | May - 23 Pizza Yogurt & PB Sand. Tossed Salad Fresh Fruit Choices Milk Choices | May - 24 Macaroni & Cheese Yogurt & PB Sand. Veggies Fresh Fruit Choices Roll Milk Choices | May - 25 Meatball SUB Yogurt & PB Sand. Veggies Fresh Fruit Choices Milk Choices | May - 26 Roast Beef Sandwich Yogurt & PB Sand. Potato Wedges Fresh Fruit Choices Milk Choices |
| May - 29 NO SCHOOL TODAY | May - 30 Chicken Fajita Yogurt & PB Sand. Spanish Rice Corn Chilled Fruit Milk Choices | May - 31 NACHOS Yogurt & PB Sand. Refried Beans Veggies Fresh Fruit Choices Milk Choices | Jun - 1 CHOICE MENU DAY | Jun - 2 CHOICE MENU DAY |
| Jun - 5 CHOICE MENU DAY | Jun - 6 CHOICE MENU DAY | Jun - 7 CHOICE MENU DAY | Jun - 8 CHOICE MENU DAY | |

This institution is an equal opportunity provider.

Menus are subject to change based on product availability.

A variety of milk is offered: fat free white, fat free chocolate and 1% white. A vegetarian option is available everyday.

| | Average | Weekly Target | % of Target | | Average | % of Calories | Weekly Target |
|----------|---------|------------------|----------------|----------|---------|------------------|------------------|
| Calories | 695 | 600-700 | 100% | Sat. Fat | 5.53 g | 7.16% | <10.00% |
| Sodium | 1131 mg | 1360 | | | | | |

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.